

NEWSLETTER

May 2024

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Rock and Hop another huge success



Story and pictures page 4 and 5.

End of an era for Hospice

The end of an era occurred in February when Alan Munro retired from our Community Trust Hospice Foundation, ending more than 30 years of active work in the development of Hospice South Canterbury.

For so many of those years Alan has been the face and driving force of Hospice, for which he was recognised in 2012 when awarded the Queen's Service Medal in the New Year's Honours List.

Alan and his wife Claire, also a long time Hospice volunteer, moved to Christchurch in 2021, but Alan maintained his active links with his position on the Foundation, which owns the Hospice buildings and manages bequest-funded investments.

That role ended at the Foundation's annual meeting on February 2, although Alan remains as one of Hospice's patrons.

Alan was elected to the management committee of South Canterbury Hospice Inc in August 1992, becoming vice-president in 1994 and then president in 1995, a position he held until 2009. He retired from the Governance Board in 2010 and was made a life member in 1998.

He oversaw the establishment of an in-patient hospice unit in 1998 and the later refurbishment of the new seven-bed hospice unit, which was opened in 2009.

He worked as chief executive officer for 20 hours a week from 2011 to 2013 after retiring from Munro Hubbard.

He became a Trustee on the Foundation in 1996.



Alan's calm and reasoned approach will be missed, and he can look back with enormous pride on not just the development of Hospice in South Canterbury but the position in which he left it. We know he is still there for advice, and that he will be watching with interest our continued work.

We are all indebted to Alan and Claire's devotion.

Other Foundation changes page 2

Congratulations as bike ride celebrates 20 years

Hospice congratulates the organising committee of the Central South Island Charity Bike Ride for reaching the milestone in February of 20 annual rides.

We recognise how hard it is to keep fundraising events fresh, but the formula of the bike ride just works.

This is due to a dedicated voluntary committee (which has ably managed increased health and safety requirements), a professional framework that prepares riders for the challenge, the dedication of the riders themselves (fuelled by charitable motivation and personal challenge), a picturesque route covering 385km around our inland lakes, and the incredible generosity of sponsors be they support services or financial donors to the riders themselves. Oh, and it's a heap of fun.

The 20th ride attracted 115 riders who jointly raised \$140,000. As the cornerstone charity Hospice received \$50,600 of this, taking our tally to \$893,000 over the 17 years we have been involved. It is hard to express how grateful Hospice is for that amazing total.

As the cornerstone charity it has been Hospice's privilege to manage the day-to-day administration duties, starting 17 years ago with Marge O'Neill then Ange Rattray and this year Robyn Horne.

Aside from Robyn, our direct involvement and thanks go to our riders Brent Richardson and Chris D'Souza (both husbands of staff members), Catherine Richardson and Robyn as committee members as well as being support personnel on the three-day ride, joined on the ride by Peter O'Neill also in a support capacity.

We are pleased too that all indications are that the ride will continue next year, and we wish the organisers all the best.



Committee chairman Neville King presents Hospice Funding Manager Ann Brown and Clinical Nurse Manager Faye Gillies with a "cheque" for \$50,600 from this year's ride.



Hospice representatives on the three-day ride. Pete O'Neill, Brent Richardson, Catherine Richardson, Robyn Horne and Chris D'Souza.

ASH PIERCE RETIRES FROM FOUNDATION AND BOARD



Ash Pierce

At this year's Community Trust Hospice Foundation annual meeting chairman Ash Pierce retired, ending 14 years' service as a trustee and office holder.

In November Ash had also stepped down from Hospice South Canterbury's Governance Board, on which he had served since 2009.

Ash's wife Ineke is also a regular volunteer at the Church Street shop, with

Ash sometimes assisting.

Ash will be missed for his team approach and leadership. In particular, his knowledge of the insurance industry has been invaluable, leading the organisation's insurance renewals each year. His dry sense of humour will also be missed.

With Alan Munro also retiring, the Foundation vacancies have been filled by Governance Board member and former chairman Peter Cosgrove, and James Swaney, who has also joined the Governance Board.

James is a director of the accountancy firm Sidekick.

Another resignation on the Governance Board was Tania Kemp who left the district. Her position has been taken by Melissa Lilley, who is a nurse practitioner with Harper Street Health.

The Governance Board members are: Ant Ford (chair), Jo Goodhew (deputy chair), Marie Hargadon (secretary), Peter Cosgrove, Liz Andrews, Jenny Carter-Bolitho, Melissa Lilley, James Swaney.

The Foundation trustees are: Karen McCrostie (chair), Helen Page (treasurer), Phillip Smith, Peter Cosgrove, James Swaney.



James Swaney



Melissa Lilley

My experience with Hospice South Conterbury

Barbara Johnson has been kind enough to share her Hospice experience here, and remind us of what Hospice care can achieve.

In July 2022 my husband Trevor had a stroke and spent 10 weeks in Timaru Hospital trying to recover. Halfway through this process he contracted Covid. Sixteen days in Isolation and 16 kilos lighter he came back to the ward, but by now the damage had been done. The doctors tried hard but his condition only worsened. We were told Trev did not have a lot of time left.

Trevor did not want to die in Hospital and I asked if he could be transferred to Hospice. This was arranged by the Hospital.

Upon arriving at the Hospice I spoke to Julie, Nurse Wonderful, and I said the Hospital had told us he only had a couple of days and asked if I could I stay with Trevor.

She replied we never believe the time limits that are placed on patients lives and she was right. Trevor stayed with me for 11 days. I only knew this because on the day he died my daughter Cathy said "Mum you have been here for 11 days".

Days that passed in a dream. It was both sad and wonderful and I cherished every minute. My husband went from the foetal position that he had been in hospital to the man I loved. He relaxed, straightened his body and became himself.

He was treated with respect and kindness from all the staff, nurses and volunteers. I was so happy just to be with him.

Our family arrived from Australia and Auckland and took turns to be with him all the time. Trevor was never left alone for a second and this was only possible because he was at the Hospice.



Another visitor Trev loved was Heath, the Hospice cat. They adopted each other and Heath would jump onto the bed and purr as Trevor stroked him.

What Hospice gave me was the precious gift of Time as being with Trevor was the only place I wanted to be.

The Gift that the Hospice gave Trev was the ability to finally be himself and appreciate his family around him.

The Hospice was the reason Trevor died with grace.

The radio was playing softly in the background and Bob Dylan was singing "Knocking on Heaven's Door" as Trevor took his last breath.

All I can say is Thank You for providing a home that was a calm oasis and being able to spend those last precious days with the man I loved.



From the GM's desk

Newsletter time always prompts a step back to reflect on how we're going here at Hospice as a whole, and the verdict in early 2024 is, not bad actually.

There are challenges, there are victories, there are exciting developments.

The challenges include keeping up with the latest in the country's health reforms and where Hospice South Canterbury fits with that.

What has emerged is that data collection work by all hospices has put us ahead of the game in answering questions Health NZ has now started asking, and we are setting ourselves up to match Health NZ's four-region structure.

To that end, the six hospices in the South Island are forming an alliance that matches one of those four Health New Zealand regions. There is much work to be done on all fronts.

Our victories are many, and to use our internal phrase of toot toot when positive things happen, we can say toot toot to another great Rock and Hop, to continued successful trading by our two shops, to the ongoing-but-not-to-be-taken-forgranted excellent care we provide demonstrated by much positive feedback, and to, from this desk, the fantastic staff and volunteers we have in all areas of operation.

On that and on a personal note I'd like to acknowledge the

work of Alan Munro over virtually the whole 35-year history of this Hospice. It has been nothing short of fantastic. Standing down from the Foundation signalled an end to his working participation in Hospice affairs, and the baton now shifts.

At the same time I'll miss Ash Pierce for his input on the Foundation and Governance Board. Ash is a great listener who truly believes in Hospice.

Fortunately Hospice has an excellent Governance Board and Foundation trustees, with newcomers Melissa Lilley and James Swaney bringing welcome perspectives.

Also positive at present is the installation of a ceiling hoist system in four rooms and a portable lifting device that helps patients stand from a sitting position. Both will help nurses in patient care while avoiding straining their own bodies.

On the exciting front we are on the cusp of implementing an out-of-hours on-call GP/Nurse Practitioner team to provide more structured support for Dr Catherine D'Souza and our nursing team. This comes with some funding from Health New Zealand South Canterbury which is much appreciated.

Also, as I write we are on the verge of changing our model of care within the unit. This will involve employing a part-time GP or Nurse Practitioner and while bolstering our medical oversight will also improve internal communication practices.

PETER O'NEILL

Caroline Bay Rock and Hop ...

Photo: Brian High

Wow, the photo on the front page says it all.

Timaru couldn't have asked for more from this year's Caroline Bay Rock and Hop. A great sunny Saturday, Caroline Bay lined with classic cars, stalls, music, people,

fun and the Royal New Zealand Airforce Black Falcons! The Caroline Bay Rock and Hop Gala Day had it all.

The \$175,000 profit raised from the event is testament to how special the event is to many people around the country – made possible by our many volunteers, our sponsors, our local business community, and our attendees, especially those who come from out of the region.

We are indebted to them all.

This year 615 cars arrived from out of the region. The classic cars started flowing into town mid-week. It is always great is see them parked up along a street or driving around, they add a special vibe to the town. Many of the cars arriving early are registered to take a cruise around

Levels Raceway on the first day of the event, Thursday. The ladies arrive dressed in their '50s and '60s gear, music of the era begins, and the event vibe grows over the next three days.

Despite the cold wet Friday, the 10.30am cruise to Geraldine was well supported with 174 cars heading out to take up the activities put on by Geraldine NZ, a further 576 cars left Caroline Bay for the Timaru District Council Main Street Cruise at 5.30pm, cruising Stafford Street and then the main streets of Pleasant Point and Temuka, ending in Temuka with a street party organised by Boost Temuka.

This year we held a new event on the Friday night, our take on the 1970s tv show "It's in the Bag", sponsored by Timpany Walton Lawyers and hosted by our own Seldom Smellgood (Owen Jackson) and Cortina Bouchier (Aaron Seager). It was a great night with 327 people attending, with excellent prizes donated by local businesses and individuals.

At our Gala Day held on the Saturday, we had 871 cars parked up on Caroline Bay and tens of thousands of people visiting Caroline Bay, admiring cars, spending with our 120 stall holders, lining up to see the prize winning cars, patiently

waiting for the live \$10,000 Lucky Raffle Draw and this year all heads and eyes gazing skyward as we all took in the flying abilities of the Royal New Zealand Air Force aerobatic team the Black Falcons.

A new event during the gala day, the Nexus Kids Scavanger Hunt, saw 200 completed entries chasing the donated prizes, including a Playstation 5. This was another excellent addition.

Also new was the Sheds on Sunday cruise with four local car enthusiasts generously opening their "man spaces". This was a real hit and we appreciate the work these men did to get their precious spaces ready.

The Caroline Bay Rock and Hop 2024 truly was an awesome event!

Behind the scenes the Rock and Hop is massive, with 13 separate events operating within it. Each of these needs volunteer organisation, assistance and hands

on help. This is where our amazing 300 hospice volunteers come into their own.

They assist us so much with so many things, from the main organising committee and the social committee,



One of this year's new events, the Friday night Timpany Walton Lawyers It's In The Bag, was a big success.

Thanks to all volunteers



Our volunteer function in November was well attended. This is a good team building exercise for our staff a small way we can recognise the huge input from our volunteers.

The following was received from a volunteer – "Just wanting to say a huge thank you to the Hospice staff and committee for the excellent hospitality we enjoyed last night. Many thanks, and credit to you all. It's quite unnecessary to be thanked, but so nice to be recognised."



Therapist Doreen and nurses Julie, Trine, Diane and Vera serving (?) behind the bar at the volunteer function.

... we couldn't have asked for more



The main fundraising committee making up information packs, from left, Phil Sanders, Jill Pearce, Stu Jenkins, Brendan Nicholls, Ann Brown, Mary-Jean Wood, Kim Rogers, Debbie Kingan, Darlene O'Neill, Peter O'Neill. Insets Bevan Cunningham and Phil Rooke.

to those who make sandwiches for our evening events, rattle a donation bucket, entertain, mark out car parking areas and stall sites, erect lane signs, park up classic cars, lead cruises,

sell merchandise, raffles, erect and take down tents, put out hay bales, judge the vehicles, model in the fashion show, stage manage, make backdrops, signs, decorations and set up evening events, serve food, MC, scan tickets, marshal cruises and at Laps at Levels, clean up, and the many other jobs that need doing.

They all get stuck in and get stuff done,

always with a smile and a positive attitude. Their involvement is never taken for granted and is far more appreciated than any of them would know.

The amount raised each year is dependent on the work undertaken by these amazing individuals who give us their time freely to help Hospice raise funds that go directly to patient care. Hospice South Canterbury can never thank them enough for their generous spirit and attitude and want them to feel very proud of what they help Hospice achieve.

The Rock and Hop has many sponsors and we are indebted to the following for supporting our event: Ellis-Lea Farms, Venture Timaru, Timpany Walton Lawyers, MTF Timaru, Geraldine Auto Restoration, Heartland Potato Chips, Alpine Energy, Mitre 10 Timaru, Lane Farming, SPF Websites, SBS Timaru, Fastlane Carwash Timaru, Aoraki Rentals, Fire & Safety Training, Norton Site Supplies, Morris Waddell Electrical, PR Joinery, Crash Repairs, Designright Architectural Services, Westpac Staff, Timaru District

Council, and the Rapid Relief Team.

We also received monetary donations from groups who were active at the event, and these are listed in our donations list on the back page.

Just another example of our fabulous volunteers, making sandwiches for the Friday and Saturday night functions.



Significant donations from groups and organisations 13 October 2024 to 30 April 2024

AMI/MTF bbq at Rock and Hop \$1700; Aorangi Surgical \$250; Blackham & Co Harcourts Real Estate \$6500; Boost Temuka community events \$320; Caroline Bay Association donation from rides operating at Rock & Hop \$3700; Central South Island Charity Bike Ride \$50,600; Farmers Timaru Christmas promotion \$12,767; Farmlands Co-op Society Christmas promotion \$818; Geraldine Summer Fete \$800; Grantlea Dairy Ltd IMO Wayne Milne \$1600; Hazlett Ltd towards tractor auction \$1000; Hilton-Gapes Valley Collie Club \$1600; JA Russell t/a Radcliffe Electrical \$5000; Mainland Test Paul McCully \$250; March Hare rally \$1709; McCains Foods (NZ) \$1000; Midland Masonic Choir charity concert \$4000; Mitre 10 Timaru \$110; Mountainview Village social club \$65; Odey Fishing \$2000; Parish of Marchwiel \$200; Paul Wilkins Tractors \$1000; Richard's Second Hand shop \$200; Rapid Relief Team (RRT) bbq \$2056; Roncalli College \$1000; Rotary Club of Timaru North Charitable Trust for Hadlow to Harbour \$1925; SC Rural Women NZ Provincial Charitable Fund \$620; South Canterbury Kart Club from NZ Championships \$1383; Temuka Nifty Thrift Charitable Trust \$250; Timaru Armchair Generals \$2558; Timaru Girls High School Year 10 market day \$110; Timaru Temuka Methodist Parish fund \$600; Waihaorunga Social Club quiz night \$7230

Grants

Trust Aoraki for 2 new wi-bo beds \$12,124; Mazda Foundation for new office chairs for nurses station \$1695; Lion Foundation towards salaries \$10,000; NZ Community Trust for therapeutic cottage wages \$10,000; Perpetual Guardian – PA Blackmore Trust for Grief and Loss children's resources \$2000

Special mention

Jeff Domigan busking at Black & White café from October 2023 \$5,599; Jim & Rosie Scott making and selling wooden Christmas trees & reindeer \$2760; Nicky & Blair Cartwright go kart fundraising on their farm \$450; Leo Callaghan (age 8) collecting and selling pine cones \$40; Mark & Jo Goodhew annual dine for Hospice Christmas breakfast which raised \$1500; The Ringmakers donated ring valued \$2500 for Glitz & Glam raffle; Highlands Motorsport park donated motor racing experience package \$2500.

\$10,000 Lucky Ticket Raffle

Ellis-Lea farms \$10,000; Lakestone Lodge Lake Pukaki \$1780; MTF Finance Timaru \$1000; Pak n Save Timaru \$500; Repco Timaru \$350; Bunnings Timaru \$150.

In kind

Collaborative effort from Blastcraft, Menzies, Premier Powder Coating to refurbish Hospice sign; Gordon Ireland from Fire & Safety Training educating staff and volunteers for fire extinguisher training; Ashbury Pharmacy donated glass shelving for 68 Orbell St shop; Anne Mackay donation of 48 rolls of toilet paper every six weeks; Whitcoulls donation of teddy bears; Plantorama propagation, growing and selling roses; Tony Boyce Building donation of excess stationery; Economy Glass fixed glass cooktop in our Hospice cottage; Maree Hynes Interiors donated new curtain linings for inpatient unit; NZWork4U Simon Barber donated fitting of new curtain linings; Todd Mudie Group donated hot laps with Corban Sprague; Good Bitches Baking home baking for inpatient unit and programmes; James McIllraith donated restored vintage tractor; plus ongoing support from Temuka Transport, Bloomers, Linton Distributors, RSM Law, Jim's Test and Tag and Kaan's Catering.

Orbell Street shop . . . busy, busy, busy

Wow we have had such a busy six months in the Orbell Street shop with the return of the hugely successful Harcourts Home and Garden tour before Christmas and unveiling of our Christmas displays. We saw a record number of people through our shop over the two days.

The 2024 Rock'n'Hop was amazing with a fabulous crowd with a fun energetic vibe.

Our 68 Orbell Street site looked amazing and was abuzz with everyone enjoying our vintage and retro stock. Special thanks to my amazing volunteers, particularly Raewyn Guise for her energy and enthusiasm in bringing it all together.

Our runway fashion show was a feast of fashion from our Barbie-themed section to our revamped and renovated denim jackets. A big thanks to our amazing models who made it the success it was.

In the shop now you will be warmly welcomed by our outstanding table displays of black/silver and also very trendy Brown which has lots of local Temuka Pottery and Crown Lynn Collectables which change daily. There's also our pretty pink with fine China among it.

> With a notable tightening of the economy we have noticed a growth in our clothing, handbag and shoes sales as people take advantage of our high end labels at great prices.

> Thanks to the generosity of our donors for seeing hospice as a worthy cause and helping make a huge difference.

> If you're not already following us on Facebook please like and follow us at 68 Orbell Timaru.

Jo Sullivan, Orbell Street Shop Manager



Fantastic 54Church team

2024 is proving to be a busy year, and without "The fantastic 54 Team" our special shop, would and could not function.

54church has 45 volunteers, each playing an important part from pick up and deliveries, processing, cleaning to furniture restoration and customer service. It is a privilege to work alongside these pillars in our community who are so hardworking and committed to supporting Hospice.

I love how widespread charity works. All of 54church's profits directly support our Hospice, but it's not only Hospice which benefits. Having access to affordable quality second hand goods is helping a lot of people in the community who are finding rising costs eating through their budgets.

It is season change time at the shop and we are prepping our winter gear. Lots of warm winter woollies going out into our children's department. Linen is stocked with winter



Noeleen with her special team, caught in a rare sit-down moment.

sheets, wool and mink blankets, and menswear is fulling up with lovely jerseys and jackets.

You'll also find a good read in the library or go retro and browse through our huge selection of DVDs, puzzles and board games.

Thank you to our donors and our customers, helping to keep our Hospice playing such a special role in our community.

Noeleen Gillson, 54Church Shop Manager

Staff comings and goings

Alexia Bensemann

Joined Hospice in March providing grief and loss counselling part time plus support in the inpatient unit. Holding a Batchlor of Counselling, Alexia has been working in private practice in Timaru and with Anglican Care, involved with Oceans Grief and Loss groups for 10 years.



Jenny Hardie

Enrolled Nurse Jenny Hardie retired in March 2024 after joining our hospice team in 2007 in a casual role, moving to permanent shifts in 2011. We have enjoyed hearing tales of her journeys to Canada and Wellington to visit her daughters and grandbabies, and now we wish her a safe and long retirement to continue visiting these faraway places.



Jenna Steer

Commenced at Hospice in March providing grief and loss counselling on a casual basis. She recently graduated with a Batchelor of Counselling. Jenna spent last year on student placement working at Arowhenua Whanau Services and Opihi College. She has started a private practice in Temuka.



Has handed over her Manager of Volunteering role to Bronwyn but will keep her hand in as Volunteering Support Person. She retains her role as Central South Island Charity Bike Ride Secretary, so is still involved in Hospice activities.

Bronwyn Simons

We introduced Bronwyn Simons to you in November, but she has recently taken over the Manager of Volunteering role alongside her hospice administration position and is busy introducing herself to our volunteers and learning the ropes associated with her new role.







New equipment for patients, staff

While patient care is the primary focus at Hospice, we also need to look after staff and volunteers. Anything we can do to make their work safer and easier is therefore welcomed.

Two recent purchases for the in-patient unit will certainly do this.

The first is a Sara Flex lift, a device which helps nurses get patients from a chair or bed to a standing position.



At a recent training session (pictured above) nurses could see the benefits of the new equipment and how it might protect against back and shoulder injuries through lifting patients themselves, along with added comfort and ease for the patient.

On a larger scale but with a similar outcome is an overhead lifting system being installed in four of our seven rooms. This ceiling mounted hoist system allows almost full room coverage of a sling mounted to an overhead UFO unit operated by remote control (see photograph).

The cost of this is around \$25,000 and is being funded by our Hospice Foundation which holds and invests bequests made to Hospice.

The brochure photograph (below) shows the system in operation and by the time you read this we will have our very own version.



Jeff hits the high notes

1news



We are blessed with many dedicated supporters and hesitate to praise one over another. Everyone's contribution helps.

However, it was pleasing to see TV One acknowledging the efforts of Jeff Domigan in it's Sunday night Good Sorts segment on April 21.

Jeff was interviewed for his continued support of Hospice South Canterbury by donating the proceeds of his busking, which he has been doing outside supermarkets and cafes since 2020.

In that time he has raised an amazing \$12,000 for Hospice, and it has to be said not always in good weather.

All at Hospice thoroughly agree that Jeff is indeed a Good Sort.



Tree of Remembrance and Bauble Campaign 2023

Each year Farmers stores nationally run a fundraiser for Hospice NZ, allowing customers to purchase a card to write a memory to a loved one and hang their card from the Farmers Christmas Tree of Remembrance. The donations received from the Timaru store during the time of the campaign raised \$12,766 for Hospice South Canterbury. Thank you to the management and staff of Farmers Timaru and the general public for your support and contributions throughout the campaign

Harcourts

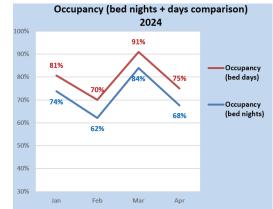


The Harcourts Hospice Home and Garden Tour in October was another great success with \$12,000 raised. The Orbell Street Shop ran a special sales promotion with afternoon teas in conjunction and takings were an amazing \$6000 more than a normal weekend. We especially thank the homeowners for opening their doors and gardens and to Harcourts for their ongoing support.

Growing demand for our services

Our newsletter often focusses on the work of our volunteers and the fundraising we are required to do, but be assured, your Hospice's primary function is to provide the best possible palliative care to patients and support for their families.

Clinical nurse manager Faye Gillies here provides some recent statistics reflecting a growing demand for our services.





In 2020 our occupancy (of our seven-

bed inpatient unit at night) was 60%, in 2021 68%, in 2022 71% and last year 73%.

So far in 2024 admissions have been higher than 2023. This could indicate that occupancy will be higher again in 2024.

es I would like to support the work of Hospice South Canterbury. Donation Online banking donations, see below, or QR code at bottom of page Friends of Hospice Annual Subscription (\$20 per person). I would like to receive information regarding leaving a bequest in my Will. I am interested in learning more about becoming a Volunteer I would like to know more about making a regular donation Name Email Address Phone My credit card number is Exp Date Please circle VISA Mastercard Cardholder Name Signature As a security measure our admin staff will call you for your CVV number. Eftpos Swipe your eftpos card or drop off cash at our reception during office hours. **Online Banking:** We gratefully accept direct donations to our account 03 0887 0348568 00 and ask that

you include your name as a reference and use the code NL10.

We need to receipt your donation so can you please fill in the form above or email your name, address and amount donated to support@hospicesc.org.nz (or phone us on 03 6877670 ext 0) and we will send one out.

This is our new QR donation code. Use your phone's camera to scan the code, tap on the link and add your details. Once done this system makes subsequent donations easy as your details are already recorded.

Names and addresses are held in accordance with the Privacy Act 1993 and are only used for Hospice South Canterbury purposes. If you do not wish to be kept informed about the work of the Hospice South Canterbury please contact the office, ph 03 687 7670.

We can also show occupancy in the day compared with overnight. There is a distinct difference with increased numbers in the day because we often have patients admitted for the day to receive interventions such as intravenous infusions, blood transfusions, bisphosphonate infusions, ultrasounds, ascitic drainage.

The support we provide includes family and whānau. We provide care for the whole person: not just their physical needs but also their emotional, spiritual and social needs. Whānau are very important to be part of our patient's journey. This holistic approach to care is a cornerstone of palliative care. The statistics also show that numbers of visitors staying in the inpatient unit have increased this year.

And as this work grows so it does in other areas, such as grief and loss support, counselling, our community cottage, the outpatient clinic through to our kitchen and reception.

But thanks to our amazing community we continue to be able to provide a high level of care and support to patients and whanau, and will continue to do so even as demand continues to grow.

Faye Gillies, Clinical Nurse Manager

WISHLIST

We would be grateful for donations of any of the items below: Coffee, biscuits, baby wipes, toilet paper, tissues, instant pudding, jelly, tinned fruit, New World vouchers, dishwasher tablets, white serviettes, Brasso, CRC, Ajax, Magic Sponge.

Email my newsletter

As postage rates continue to rise we are keen to distribute as many of our twice-yearly newsletters via email. If this suits you as an option could you please email support@hospicesc.org.nz with a quick line saying you would prefer this in future, adding your name so we know we have the right person.

Thank you for your continued interest in activities at Your Hospice.